Our group experience suggests that the unity of Co-Anon Family Groups depends on our adherence to these Traditions.

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Co-Anon Family Groups are for friends and family members affected by the disease of addiction.

Find a meeting near you

www.co-anon.org

The **12** Traditions of **Co-Anon** Family Groups

www.co-anon.org

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.

2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for Co-Anon membership is that there be a problem of addiction in a relative or friend. The relatives of addicts, when gathered together for mutual aid, may call themselves a Co-Anon Family Group, provided that, as a group, they have no other affiliation.

4. Each group should be autonomous, except in matters affecting another group or Co-Anon or CA as a whole.

5. Each Co-Anon Family Group has but one purpose: to help families of addicts. We do this by practicing the Twelve Steps of C.A. ourselves, by encouraging and understanding our addicted relatives, and by welcoming and giving comfort to families of addicts.

6. Our Co-Anon Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Cocaine Anonymous.

7. Every group ought to be fully self-supporting, declining outside contributions.

8. Co-Anon Twelfth Step work should remain forever non-professional, but our service centres may employ special workers.

9. Our groups, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

10. The Co-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, films, internet technology and social media. We need to guard with special care the anonymity of all Cocaine Anonymous members.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.